BACH Pharmacy Fort Campbell, KY

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TRICARE'S Pharmacy Benefit

So Many Affordable Choices

While prescription drug costs are on the rise, TRI-CARE beneficiaries continue to enjoy robust pharmacy benefits for minimal out-of-pocket expenses. You have four low-cost options for filling your prescriptions:

Military Treatment Facility (MTF) Pharmacy

After an appointment with your provider at the MTF, you can go to the MTF pharmacy to pick up your prescriptions. You can also bring a prescription from your civilian TRICARE network or non-network provider to be filled at the MTF pharmacy. MTF pharmacies can accept most written prescriptions as long as the prescription drug is on the local MTF

formulary (list of approved medications). Contact your MTF pharmacy to see what is on its formulary. You can fill up to a 90-day supply of most medications.

Beneficiary Cost: \$0

Advantage: Most affordable option; available worldwide

2. TRICARE Mail Order Pharmacy (TMOP)

Administered by Express Scripts, Inc. (ESI), TMOP lets you fill up to a 90-day supply of most medications through the mail. To use TMOP, simply complete a registration form, available online at www.express-scripts.com/TRICARE. Then, mail your written prescription and the appropriate copayment to

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Benefit At a Glance

TRICARE Beneficiaries can fill prescriptions in one of four ways:

- I. At any MTF pharmacy, free of charge.
- 2. Through the TMOP for a small copayment.
- 3. At any TRRX network pharmacy for a small copayment. There are more than 54,000 network pharmacies in the United States and its territories
- 4. At any TRICARE non-network pharmacy. Non-network pharmacies will cost more, but in a pinch, it's good to know you have that option. For more information, go to http://tricare.osd.mil/pharmacy

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Welcome! This is the first of many newsletters to keep you informed of your World Class Pharmacy Benefit and to let you know what's new at your BACH Pharmacy.

Did you know...

- BACH Pharmacy has extended its hours and is now open from 0730 until 1930 (7:30pm) M-F.
- BACH Pharmacy has 3
 Soldiers deployed in Iraq
 (I pharmacist and 2 technicians) and I Soldier deployed in Afghanistan.
- BACH Pharmacy has 2 technicians and I pharmacist at the SRP Site. So far we have screened about 15,000 Soldiers and processed about 3600 prescriptions for those deploying with the division.
- BACH Pharmacy has given classes and provided information to thousands of family members informing them of their pharmacy benefits at Family Readiness Group meetings and Division
 Deployment Fairs.

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Get Ready for Flu Season

Military Health System Flu Vaccine Priorities

The Military Health System (MHS) is gearing up for the flu season, and priorities are being established to ensure that the vaccine will be available to those in the "at-risk" population.

Vaccinations will be given to those who are considered highest risk first and will be available to other groups once those at highest risk have received the vaccine. These new priorities for vaccinations follow the guidelines recently published by the Centers for Disease Control and

Prevention (CDC). Additional doses of the Live Attenuated Influenza vaccine (FluMist) are also

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"Many new and exciting changes are coming for BACH Pharmacy patients including: a new Refill/Satellite Pharmacy in the PXtra area and full service option to pick up refills and new prescriptions from any pharmacy location."

ESI. New Prescriptions may also be faxed or called in by your provider. Within 10-14 days, the medications are sent directly to you. For more information about how to use TMOP, visit the ESI Web site or call TMOP member services at 1-866-DoD-TMOP(1-866-363-8667).

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Beneficiary Cost:

\$3 for generic drugs

\$9 for brand-name drugs

\$22 for non-formulary drugs

Advantage: Affordable and convenient; medications delivered to your door

3. TRICARE Retail Pharmacy (TRRx) Network

Also administered by ESI, TRRx lets you use an expanded, nationwide network of more than 54,000 retail pharmacies to fill prescriptions. You can fill up to a 30-day supply of most medications. To find a network pharmacy anywhere in the 50 United States, Puerto Rico, the U.S. Virgin Islands and Guam, visit the pharmacy locator online at www.express-scripts.com/TRICARE or call 1-866-DoDTRRx (1-866-363-8779).

Beneficiary Cost:

\$3 for generic drugs

\$9 for brand-name drugs

\$22 for non-formulary drugs

Advantage: Affordable and flexible; fill prescriptions close to home and while traveling

4. Non-Network Pharmacies

A "non-network pharmacy" is a retail pharmacy that is not part of the TRICARE network. Filling prescriptions at a non-network pharmacy is the most expensive option and is not recommended. You may have to pay for the total amount first and file a claim to receive a partial reimbursement. Beneficiaries enrolled in TRICARF Prime and TRICARE Prime Remote for Active Duty Family Members (TPRADFM) will be using the point-ofservice (POS) option if they choose to fill a prescription through a non-network pharmacy. You can fill up to a 30-day supply of most medications.

Beneficiary Cost:

50% cost-share of total amount after POS deductibles (\$300 individual/\$600 family) have been met

Advantage: Allows you to fill prescriptions when no other pharmacy choice is available.

Get Ready for Flu Season





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being made available to lowrisk individuals. The MHS will not deny the influenza vaccine to any beneficiary who meets the CDC criteria for being at high risk, although you may be asked to return to the clinic at a later date when sufficient supply is available. This includes those who do not regularly go to military treatment facilities (MTFs) for their care.

Steps are being taken to ensure that beneficiaries are

taken care of and that those who are most vulnerable receive the vaccine first.

The following priority groups for vaccination are all considered to be of equal importance:

- All children age six months to 23 months
- · Adults 65 years and older
- Those age two to 64 years with underlying chronic medical conditions
- · All women who will be

pregnant during the influenza season

- Residents of nursing homes and long-term care facilities
- Children age six months to 18 years on chronic aspirin therapy
- Health care workers involved in direct patient care
- Out-of-home caregivers and household contacts of children less than six months old
- Deployed or deploying service members
- Active duty recruits